

SWINE FLU

Swine flu vaccinations for vulnerable groups are proceeding according to plan. If you have not yet registered for a vaccination please contact the surgery

if you think you may have Swine flu the advice is, -

- **Please stay at home, do not come to the surgery**
- **Ring the Flu helpline 0800 151 3100** and they will assess your symptoms and if required will arrange for you to receive the Tamiflu voucher.
- For information visit [www.direct.gov.uk/pandemic flu](http://www.direct.gov.uk/pandemicflu).

COUNSELLING SERVICES

Latham House medical Practice would like to offer their sincere apologies to patients who have experienced delays in receiving **Counselling appointments**. This service is now being commissioned by the PCT and they are aware that some patients have had to wait longer than normal. The hope is that the temporary teething problems will be sorted and the "Good thinking" service up and running smoothly very soon.

Newsletter

Of the Latham House Medical Practice
Patient Participation Group.

February 2010



LATEST NEWS

To all patients - please would you ensure that you notify the practice of any change of address and especially **CHANGES IN PHONE NUMBERS**.

Whilst trying to arrange the Seasonal Flu and Swine Flu sessions it has become apparent that the practice does not have up to date telephone numbers for patients. It is important for the Practice to have your correct number both for Emergencies and routine matters, should they need to contact you.

Please let the receptionist know if your telephone number has recently changed.

News from the community

Carers Development Project

The Carers Development Project based at Voluntary Action Melton is run by Helen Brocklehurst. She gave a brief introduction to the project as follows:

'The definition of a carer is someone who without payment provides help and support with everyday living to a partner, relative or friend who due to long term illness, disability or frailty is unable to manage on their own.

The aim of the project is to identify and support carers throughout the Melton Borough. We do this by providing them with information and advice on the help and services that are available to them from statutory services and the community in general. We facilitate a quarterly Carers Forum where carers can meet and consult with professionals and we also have two Carers Support Groups that meet every month at Melton and Bottesford

If you are a carer and feel you would like to talk to someone about your caring role please contact me at Voluntary Action Melton on **01664 485304**.'

Age Concern in Melton

Age Concern at Gloucester House in Melton offers four Day Care services supporting people with dementia, physical disabilities, learning difficulties and the frail elderly.

The NHS also uses the centre for its "Falls Group", which helps people with balance and stability issues. These services offer a change of environment for the clients and give their carers a well-earned break.

Gloucester House is also used widely for social and community activities. The Evergreen group meet every Monday afternoon, "Keep Fit" classes run three evenings a week with Sequence dancing on Thursday evenings. Carpet bowls is popular on Friday afternoons. There are several other regular events and details can be obtained from Gloucester House on **01664 410253**. Age Concern also offers advice and help and most matters affecting "seniors" and can arrange travel insurance (with no age limitations), home and car insurance. Again contact Gloucester House for help.

Minor Treatment Unit Survey

We would like to thank all patients who completed the NHS questionnaire recently. A significant number of responses were received and these are being analysed at present. The clear response so far is that people want a service in the Melton area able to provide basic treatments and able to respond to minor emergencies that occur to them in this locality - not to have to travel some distance to receive them.

The full details of the survey will be available from the practice as soon as they have been fully analysed.